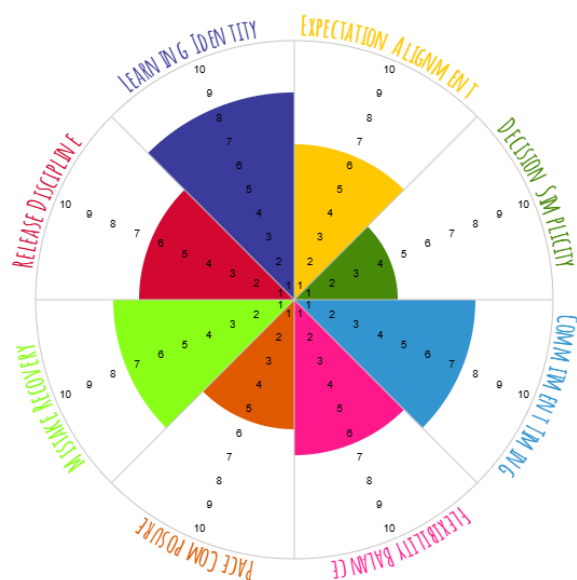


Elise Moriarty

AMJ Early Viability Assessment (EVA) Profile



EXPECTATION ALIGNMENT

6

Your alignment between what you expect at the start of a hand and how direction naturally develops through tile concentration influences whether early ambiguity feels discouraging or developmental.

PACE COMPOSURE

5

Your steadiness regardless of table tempo protects internal clarity and prevents external speed from influencing decision quality.

MISTAKE RECOVERY

7

Your ability to reset after an imperfect discard preserves mental stability and prevents one decision from disrupting the remainder of the hand.

DECISION SIMPLICITY

4

Your ability to reduce complexity by narrowing viable directions keeps cognitive load manageable and supports steady, confident discarding.

RELEASE DISCIPLINE

6

Your willingness to release tiles or pairs that no longer support your strongest direction reflects your ability to prioritize viability over preference.

COMMITMENT TIMING

7

Your readiness to narrow direction once sufficient tile strength and table information emerge determines whether flexibility transitions into focused momentum.

LEARNING IDENTITY

8

Your perception of growth as incremental skill development rather than proof of ability shapes how you interpret struggle and sustain long-term improvement.

FLEXIBILITY BALANCE

6

Your balance between early openness and timely simplification reflects how effectively you adapt without drifting or overcommitting too soon.

Your EVA Wheel Snapshot

This visual represents how steady and viable your thinking feels across eight mindset dimensions of American mah jongg. It reflects how you are currently interpreting your performance—not how good you are at the game.

There is no “perfect” wheel. The shape shows where your thinking feels grounded, where it may wobble under pressure, and where a small shift could bring greater clarity.

Use this analysis to better understand how the game feels to you right now and where focused stabilization will make the greatest difference.



Your Eight Dimensions of EVA Analysis

1. Expectation Alignment

Student's Rating: 6 I understand that I'm not supposed to see the full hand immediately, but when my tiles feel scattered, I still catch myself wanting clarity sooner than it comes.

What this means:

Your understanding that direction develops gradually—not immediately—shapes how you interpret early ambiguity in your hand.

Instructor Notes / Interpretation:

When your starting tiles don't point clearly to a hand, you may feel mild tension. You know clarity takes time, but part of you still wants it sooner.

Recommended Next Step:

Treat the first few rounds as information-gathering, not decision-making. Early ambiguity is normal. Let the hand reveal itself before you try to define it.

2. Decision Simplicity

Student's Rating: 4 I tend to keep too many options open at once. I don't want to choose the wrong direction, so I hesitate and try to hold onto several possibilities.

What this means:

Your ability to narrow options to one or two viable directions keeps overwhelm from interfering with clarity

Instructor Notes / Interpretation:

You may try to keep three or four possibilities alive at once. That creates mental traffic and makes every discard feel heavier.

Recommended Next Step:

After the first discard, reduce your options to two viable directions. No third path. Simplicity creates speed and confidence.



3. Flexibility Balance

Student's Rating: 7 I'm comfortable staying open early and adjusting when I need to. I don't usually lock into one idea too quickly.

What this means:

Your balance between staying open early and simplifying later determines whether flexibility strengthens or weakens your position.

Instructor Notes / Interpretation:

You're comfortable adjusting as new information appears. You don't lock in too soon.

Recommended Next Step:

Watch for the moment when one direction clearly gains more support than the others. When that happens, begin narrowing intentionally.

4. Release Discipline

Student's Rating: 6 I can let go of tiles when I logically know they don't fit, but sometimes I hold onto something just in case I might need it later.

What this means:

Your willingness to let go of tiles that no longer support your strongest direction protects hand viability over preference.

Instructor Notes / Interpretation:

You can release tiles when needed, though you may occasionally hold one "just in case."

Recommended Next Step:

Before each discard, ask yourself: Does this tile strengthen my strongest direction? If not, it may be time to let it go.

5. Commitment Timing

Student's Rating: 5 I think I wait a little too long to fully commit. I'm afraid of choosing wrong, so I delay narrowing my direction.

What this means:

Your readiness to narrow direction once one path gains strength ensures that flexibility transitions into focused momentum.



Instructor Notes / Interpretation:

You may remain flexible slightly longer than necessary, especially if you're worried about choosing wrong.

Recommended Next Step:

By the fourth discard round, aim to clearly favor one direction. Commitment builds momentum.

6. Pace Composure

Student's Rating: 7 Even when other players move quickly, I don't feel completely thrown off. I may notice the speed, but I can usually stay steady.

What this means:

Your ability to maintain internal steadiness, regardless of the table tempo, influences how confidently you make decisions.

Instructor Notes / Interpretation:

Even when the table speeds up, you remain thoughtful and composed.

Recommended Next Step:

Continue trusting your internal rhythm. Your calm presence is a competitive advantage.

7. Mistake Recovery

Student's Rating: 6 If I make a mistake, I can move on — but I do replay it in my head for a minute before fully resetting.

What this means:

Your ability to reset after an error determines whether one decision disrupts the rest of your game.

Instructor Notes / Interpretation:

You recover, but you may briefly replay the mistake before fully resetting.

Recommended Next Step:

When a decision is made, it's complete. Return your attention to the next tile, not the previous one.



8. Learning Identity

Student's Rating: 8 I genuinely believe I'm getting better over time. Even when it feels hard, I see it as part of learning rather than proof that I'm bad at it.

What this means:

Your belief that skill develops through repetition and pattern recognition shapes how you interpret struggle and progress.

Instructor Notes / Interpretation:

You understand that growth is built over time. You don't equate struggle with failure.

Recommended Next Step:

Notice the patterns you recognize more quickly than before. Progress often shows up as familiarity.

OVERALL INSIGHTS SUMMARY

What your EVA wheel shows about your play today:

Your wheel suggests that your greatest friction right now is not knowledge — it is cognitive load. When too many possibilities compete at once, clarity dips and confidence wavers.

The good news: as Decision Simplicity stabilizes, Pace Composure often strengthens naturally. When the mind narrows effectively, pressure decreases.
Focus on simplifying. Not perfecting. Not speeding up. Simplifying.

PRIORITY NEXT STEPS (Choose 1–2 Focus Areas)

Primary Focus Area:

Decision Simplicity

Why this matters now:

Early learning becomes overwhelming when the mind tries to process everything at once. Narrowing your comparison field will immediately reduce frustration and increase clarity.



First Action Step:

In every game this month, limit yourself to comparing only two possible directions at any moment.

Secondary Focus Area (optional):

Pace Composure

Why this matters now:

Confidence grows when your rhythm is internally controlled rather than externally influenced.

First Action Step:

Before each discard, take one steady breath and commit to that decision without revisiting it.

Closing Encouragement

This checkpoint reflects how the game feels right now — not your potential.

You are building recognition. You are building rhythm. You are building discernment.

Early friction is not a sign of inability. It is a sign of growth underway.
As your thinking stabilizes, your confidence will follow.

Instructor Contact Information

EVA reflects how your thinking feels right now—not your long-term potential. Early friction is often a sign that recognition and stability are still forming. As your thinking steadies, confidence follows.

Focus on one shift at a time and trust the process.

If you would like support applying these next steps, reviewing games, or strengthening your steadiness and clarity, feel free to reach out

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