

Mahj Life Instructor Directory Bio Framework

When writing a professional biography, it's best to use **third-person point of view**—referring to yourself by name or with pronouns like *she*, *he*, or *they* rather than *I* or *me*.

Writing in the third person:

- **Sounds professional** – It reads like an introduction from someone else, not self-promotion.
- **Keeps things consistent** – If everyone's bio is written the same way, they look uniform across websites, directories, and event programs.
- **Builds credibility** – Third person creates a tone of authority, presenting you as an established instructor.

For example:

- *First person (not for bios):* "I have been teaching mah jongg for five years. I love helping beginners learn the rules."
- *Third person (correct for bios):* "Jane Doe has been teaching mah jongg for five years. She loves helping beginners learn the rules."

Using third person helps your bio feel polished, professional, and ready to represent you in any setting.

Example of a long bio:

Jane has been teaching American mah jongg since 2020 and is passionate about making the game fun, approachable, and confidence-building for players of all levels. She specializes in guiding beginners through the National Mah Jongg League card while offering strategy tips for experienced players who want to strengthen their skills.

Jane has taught in community centers, private homes, and senior groups, where she is known for her patient and encouraging style. She creates a welcoming learning environment that helps students feel comfortable, supported, and excited to play.

An avid player herself, Jane participates in tournaments, plays regularly with her local group, and enjoys the way mah jongg combines strategy with laughter and connection. She believes mah jongg is more than a game—it's a way to bring people together, foster friendships, and create lasting memories.

When she isn't teaching or playing, Jane enjoys traveling with her family and continuing to grow her own skills as both a player and instructor.



Bio Framework

Step 1: Start with Your Name + Role

Prompt: What's your name, and how do you want to be identified?

- Example: *"Jane is a mah jongg instructor based in Atlanta, GA."*

Step 2: Share How Long You've Been Playing or Teaching

Prompt: When did you start playing mah jongg? When did you begin teaching?

- Example: *"She has been teaching American mah jongg for five years."*

Step 3: Highlight What Makes Your Teaching Special

Prompt: What's your teaching style? What do you focus on—rules, strategy, community, fun?

- Example: *"Known for her patient and encouraging style, Jane makes learning approachable for beginners while also guiding experienced players to sharpen their strategy."*

Step 4: Add Where and How You Teach

Prompt: Do you teach in homes, clubs, online, or community centers?

- Example: *"She teaches in private groups, community centers, and social clubs."*

Step 5: Share Why Mah Jongg Matters to You

Prompt: What do you love most about mah jongg? Connection, strategy, history, or joy?

- Example: *"Jane believes mah jongg is more than a game—it's a way to connect, make friends, and create lasting memories."*

Step 6: Include a Personal Touch (Optional)

Prompt: Outside of mah jongg, what hobbies or interests do you have?

- Example: *"When she isn't teaching or playing, Jane enjoys traveling with her family."*

Finished Example Using the Framework:

Jane is a mah jongg instructor based in Atlanta, GA. She has been teaching American mah jongg for five years. Known for her patient and encouraging style, Jane makes learning approachable for beginners while also guiding experienced players to sharpen their strategy. She teaches in private groups, community centers, and social clubs. Jane believes mah jongg is more than a game—it's a way to connect, make friends, and create lasting memories.

